

NRH Poetry Trail at Linda Spurlock Park

Video Transcript:

I'm inspired to write by beauty, by nature, by love, by pain.

Poetry is expression that words somehow can become a picture that someone can connect to.

Poetry sustains my life. Poetry is my forever friend.

Art, writing, music, it makes us uniquely human.

Being seen and being heard and being understood is essential to all of us and when you find yourself perfectly described in someone's words how much more seen can you be and how much more seen are they.

Writing is a way to make an impact on the world.

It touches on that creative part and we all have that and when you use that part of ourselves there's just a freedom in it. It's really a joy.

Write, re-write, and share. Share your words. You never know where that's going to go.